



## 2019/2020 Clarifications from ISU SySTC for Officials, Coaches and Skaters

### SYNCHRONIZED SKATING

#### Mixed Age Free Skating Program

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##### Questions (Q):

**What is the composition of a Mixed Age Team?  
Is there any specific age requirement?**

##### Answers (A):

- *Mixed Age shall consist of twelve (12) to sixteen (16) Skaters with a maximum number of four (4) alternate Skaters.*
  - *There is no age requirement.*
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##### Q:

**What is the music time requirement for the season?**

##### A:

- *The music time requirement for Mixed Age category is following the Advanced Novice category so Three (3) minutes +/- 10 seconds.*
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##### Q:

**Is there any restriction about the level attempted?**

##### A:

- *Maximum Element levels can be skated for the 7 Elements (see ISU Communication 2236 WBP) and the level will be called as executed.*
  - *The highest Difficulty Group of an Additional Feature may be attempted and will be called as executed.*
  - *The No Hold Element and Twizzle Element may not be executed one after the other.*
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##### Q:

**Do the Mixed Age category follows the Advanced Novice General Rules?  
Which Factor and how many Program Components are used?**

##### A:

- *No the Mixed Age category is following the General rules for Junior category.*
- *Illegal and Non-permitted Elements are following the restriction of Rule 992 para 2 & 3.*
- **Vaults and un-sustained lifts are permitted.**
- **BUT Group Lifts are not allowed.**
- *The Factor used is 1.6.*
- *The panel of Judges will asses the five (5) PC.*

**Q:**

**What are the deductions for a Fall?**

**A:**

- *The Deductions for Fall are following the Deduction for Falls for Novice:  
-0.5 for every Fall of one (1) Skater  
-1.0 for every Fall of more than one (1) Skater at one (1) time  
-1.5 maximum Fall Deduction per Element*
  
- *As the values of those deductions are not standard ones provided Rule 953, para 1 and Rule 843 para 1n) the Referee must give specific instructions to the system operator and check the correct input in each instance.*